

# the SIGNAL

Turn to page 13 to read about the misconceptions for Day of the Dead.

Lea página 14 para leer sobre las ideas falsas del Día de los muertos.



Turn to page 4 to learn about the many places Warriors can get a discount.

## -10%

Read page 10 to see how students in the Agriculture Department are learning hands-on experience.



## Reflecting Pond dedicated to Dr. Marvalene Hughes

by Olivia Soto and Jyoti Dhanota



The first thing visitors see when they pass by California State University, Stanislaus (Stan State), may as well be the Reflecting Pond that has encompassed the entryway of the campus for more than half a century.

On Friday evening, Alabama native and president emerita, Dr. Marvalene Hughes, was awarded a plaque that symbolized the dedication of the Reflecting Pond in her name.

Dr. Hughes was the first female and first African American president of the University, with her leadership role lasting from August 1994 through June 2005, but inevitably leaving a legacy behind.

The retired former president is best known for her efforts that have made a lasting impact at Stan State and across the nation.

It was during Dr. Hughes' tenure that the Stockton Center was planned and opened, the Mary Stuart Rogers (MSR) Educational Services Gateway and the Demergasso-Bava Hall (DBH) were built, the Alma Mater was created and premiered in 1997 and enrollment



President Ellen Junn with Dr. Hughes. (Photo Courtesy of President Junn)

nearly doubled to more than 7,800 students.

Academic programs such as, agriculture, criminal justice, nursing, social work and the fine and performing arts were added as well, during her time at Stan State.

“When I got here, there were only two buildings,” Dr. Hughes said. “People like the Rogers were so generous and gave me a down payment

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**The  
Signal**  
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Jyoti Dhanota  
Kristen Dias  
Olivia Soto  
Clara Zapien

**La Letra Ñ  
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**Lead Designer:**

Madison Toel

**Administrative  
Support  
Coordinator**

Ilene Ruesga

**Faculty Adviser**

Dr. Shannon Stevens

Contact us at  
209-667-3122  
[editor@csusignal.com](mailto:editor@csusignal.com)

the **S!GNAL**

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# Diwali: The Festival of Lights

By Jyoti Dhanota



Diwali is the time that Indians are preparing for how they will celebrate it. This means Indians around the globe will start buying gifts, cooking sweets and getting their diyas (lamps).

Some families go all out and have their houses lit up with lights and set off fireworks, while others will have a simple get together.

Indians also visit their respective places of worship on this day, such as Gurdwaras (Sikh Temple) and Mandirs (Hindu Temple).

Kuljit Atwal (senior, Business Administration) finds this is the way to go.

"I celebrate Diwali by going to the Gurdwara," Atwal says. "It is important to us since it celebrates the release of our sixth Guru; Guru Hargobind Singh Ji, from prison."

Simranjit Kaur (junior, Biological Sciences) also, goes to the temple to celebrate.

"I go to the temple at night and light up candles around the temple. I then go and sit inside for some spiritual blessings while listening to Kirtan (prayer songs)," Kaur says adding, "Then I go outside and wish my parents, family members and random people a happy Diwali."

For different types of Indians their reasons for celebrating this holiday vary.

Shivani Sharama (senior, Sociology) explains the reason why she celebrates Diwali as a Hindu.

"We celebrate Diwali to welcome the Goddess of wealth to



A representation of what lighting lamps on Diwali look like (Photo courtesy of Gagandeep Kaur).

our house. We also celebrate the night that Sita was brought home by her husband, Ram, and was saved from the demon Ravan," Sharma says. "It was on a new moon, that is why Diwali is always celebrated on the day of a new moon (Amavasya)."

Just like a majority of holidays, this holiday also brings family members together.

Kaur states, "I would say just getting the family together after a long time becomes the best part of celebrating Diwali each year."

With all the sweets that are a part of this occasion, being with family members is the best treat.

"I look forward to all the sweets! Jalebi, gulab jamun, rasmalai and mostly family time" explains Sharma, "That's the most important, to be with your family."

Diwali celebrations are huge in India, but that doesn't necessarily mean that people are willing to fly out for the holiday.

"I wouldn't go there [India] to experience it" Atwal states, "However, if I happen to be

in India at the time of Diwali, then it's okay."

Angela Moniz (senior, Biology) found out through her friends what Diwali entails.

"I know only a little about it from my Sikh friends," Moniz says. "It is the festival of lights. I'm not familiar with the meaning of the holiday, but I have friends that celebrate it every year."

Lourdes Govea (junior, Communication Studies) looks forward to having an opportunity to experience the holiday.

"I have not celebrated, but if I do get the opportunity to I will love to," Govea says. "If I do participate in this celebra-

tion I look forward to experiencing everything for example food, prayers, lights and having a more closer perspective on a different culture."

One of the traditions of Diwali, besides lighting candles and going to respective places of worship, is making a Rangoli.

Resident of India, Arya Singh, looks most forward to that.

Singh says that "Rangoli is usually drawn to symbolize the auspiciousness and importance of that particular holiday. The colors that it is filled with symbolize items such as happiness and prosperity."

Making a Rangoli can also become a special memory.

"My favorite memory is from the year that I got to light candles on the floor decorations I made" exclaimed Sharma, "We call it, Rangoli. That was my first year, making making Diwali special for me."

The only local store having a sale for this holiday, will be Amar Fashion. The owner, stated that it won't be too big.

"Our clothes is already on sale. I will put a tiny sale for groceries as well, but that is about it," he says.

Make sure to add The Signal on Snapchat (cssignal) for Diwali coverage on Oct. 19.



Example of a rangoli. (Photo courtesy of Arya Singh.)

# Warrior discount apps

by Kimberly Fischer and Abrianna Munoz



There are many discounts offered to California State University, Stanislaus (Stan State), students throughout the town of Turlock, with the help of the Associated Students Incorporated (ASI) Warrior Discounter, and the newly launched Student+ app.

ASI has offered student discounts to assist students with buying food or enjoying what Turlock has to offer off campus. Their Warrior Discounter app presents a variety of options from a majority of franchised businesses and some local downtown businesses.

Amber Shortlidge (Liberal Studies) said that often she forgets that she is able to use her student discount when she is purchasing items.

“I think I would use discounts more if I had an app, because it would be right there on my phone,” Shortlidge said.

Using the Warrior Discounter app, Stan State students can receive a variety of discounts upon showing their student identification (ID).

Yogurt Mill is just one out of many franchises that happily serves students and offers a 20 percent off discount with proof of Warrior ID.

Kaylee Harkrader, Yogurt Mill Manager, said that students from Stan State will use their discount three to four times a day. “Which is pretty often,” Harkrader said.

Yogurt Mill Employee, Elisha Coleman said that “a lot of people don’t know about the discount.”

The Student+ app is yet another way students can receive discounts on their locally purchased commodities.

Stan State students Logan Martinez (senior, Business) and Nathan Straubinger (senior, Psychology) are the creators of the app, Student+.

Martinez and Straubinger won the Public Policy award, which is a grant awarded by the Mayor Gary Soiseth. This grant allowed them to put their idea of easily accessible knowledge of student discounts into action.

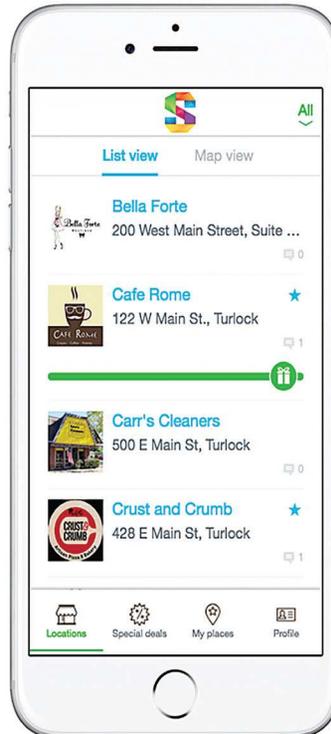
“Nathan and I thought of an idea after shooting ideas back and forth about ways to save college students money,” Martinez said.

**Warrior Discounter:**

<b>Yogurt Mill</b> - 20% off with student ID	<b>Dean's Pizza</b> - 15% off
<b>Rainbow Fabrics</b> - 10% off with student ID (excluding sale items)	<b>Crust and Crumb</b> - 10% off
<b>Envy Clothing</b> - 10% off	<b>Pizza Factory</b> - 10% off
<b>Dickey's Barbecue Pit</b> - 10% off	<b>Wingstop</b> - Free 20 ounce drink with purchase of 10 wings.
<b>Deli Delicious</b> - Free 22 ounce drink with a small sandwich.	<b>Gyros and More</b> - 10% off
<b>Memo's Cocina</b> - 10% Off	<b>Glitz Fine Clothing</b> - 10% off a regular priced item.
<b>Mr. Pickle's Sandwich Shop</b> : 10% off	<b>Planet Beach</b> - \$19.00/per month unlimited tanning
<b>Café La Mo</b> - 10% off (excluding alcohol)	<b>Turlock Smiles</b> - 10% off dentistry
	<b>Pho Americana</b> - 10% off (excluding wine or beer)

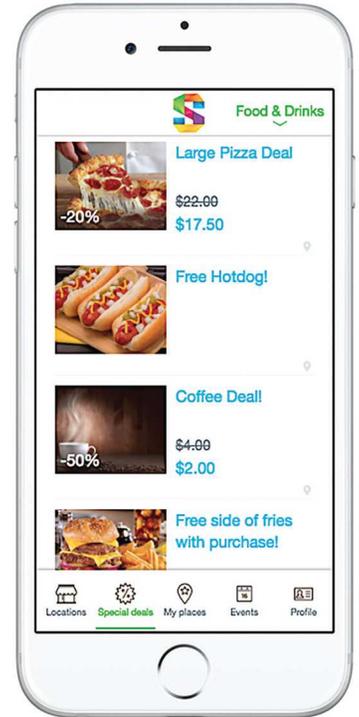
## LOCATIONS

Use the locations tab to find exclusive deals around town!



## SPECIAL DEALS

Never miss a new deal by using the special deals tab!



Layout of Student+ app. (Photo courtesy of Nathan Straubinger)

“We have had a tremendous outpour from the community. There is a group called the Turlock Downtown Properties Association, who are helping us get as many discounts as possible. The director is helping us get that inside network with downtown,” Straubinger said.

“The building of the app took a bit longer than expected. It is not anything that we expected,” Straubinger added. “We had experience building websites, and had research of mobile applications, but it was time to put our experience to the test.”

Martinez stated that he now thinks of Straubinger as his business partner after the mayor of Turlock funded their collaborative idea.

“We believe our app is the key to the future of the way university students receive discounts,” Martinez said.

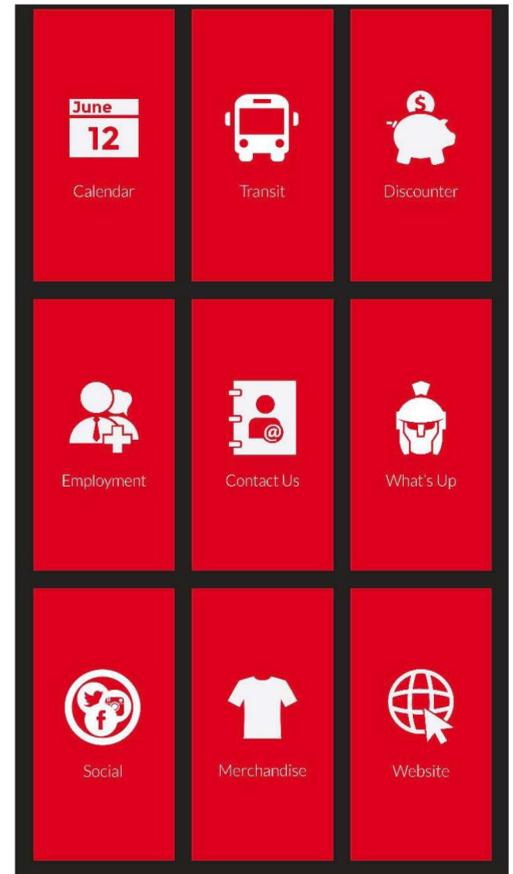
For students to receive the discounts all they need to do is show their student ID or the Student+ app.

Caylie O’Neal (junior, Business Administration) heard about the Student+ app through friends and follows them on Instagram.

Student+ Discounts	
<b>Main Street Footers:</b> Buy one footer, two sides, and two medium drinks, get second footer free	<b>Venture Fitness:</b> \$99.00 per month deal, no contract
<b>Colossal Tattoo:</b> 20% off	<b>Vail Creek Jewelry Designs:</b> \$50 off any \$100 purchase
<b>Lip Stick and Grit:</b> \$50.00-40 minute teeth whitening and \$10.00 haircuts	<b>Camara’s Clothing:</b> Free shoe rental with any full tux rental, 20% off
<b>Carr’s Cleaners:</b> \$1.00 per pound of laundry free pick up/delivery (5 pound min)	<b>Memo’s Cocina &amp; Tequila Bar:</b> 10 percent off
<b>Crust and Crumb:</b> 10% off	<b>The Udder Place:</b> 10% off food and drink
<b>Farm House:</b> 15% off women’s bling string protection tools	<b>Mikay Charles Boutique:</b> 20% off
<b>Glitz Fine Clothing:</b> 10% off	<b>Café Rome:</b> 20% off
<b>La Mo Café:</b> 10% off	<b>Lavish Locks (Professional touch salon):</b> \$5 off a haircut or 10% off any male/female service
<b>The Studio Turlock:</b> 10 sessions for \$150 (for one person)	<b>Hauck’s Grill:</b> 10% off (offer reward points see app)
<b>Emporium:</b> Book a workshop for four people get the fifth free, 15% off	<b>Bella Forte:</b> 30% off any one item
	<b>Shabby Addy:</b> 30% off any item
	<b>Inspirations Salon:</b> 10% off all salon products

“I have not personally tried their app yet, but I am excited to! I think this app is a good idea because I feel like most students are not aware of the great deals they can get just by attending Stan State,” O’Neal said.

Students can download the Student+ app for free at the Apple or Android store. They can also go to MyStudentPlus.com to click a direct download link. ASI offers a free app for students, called ASI/USU, that includes Warrior Discounter stores as well.



Screenshot of ASI and USU’s Warrior Discounter app. (Signal Photo/Jesús Alvarado)



Screenshot of ASI and USU’s Warrior Discounter app showing the few places in Turlock that give discounts to Stan State students. (Signal Photo/Jesús Alvarado)

# DIY: Halloween on a budget

By Aubrie Barr and Gagan Kaur



As the season for ghouls and ghost creeps around again, there is the frightening choice of choosing the spookiest attire. The choice may come easily on what kookie character you want to embody for the night, but the bigger issue swoops in. The haunting dilemma: spend an arm and a leg for an already made wardrobe or come as you are (broke college student).

So you choose to keep your limbs and take a different route; deciding then that creating a look from scratch, a DIY (do it yourself) project would be showcasing your own work better than showing up to find you have multiple duplicates.

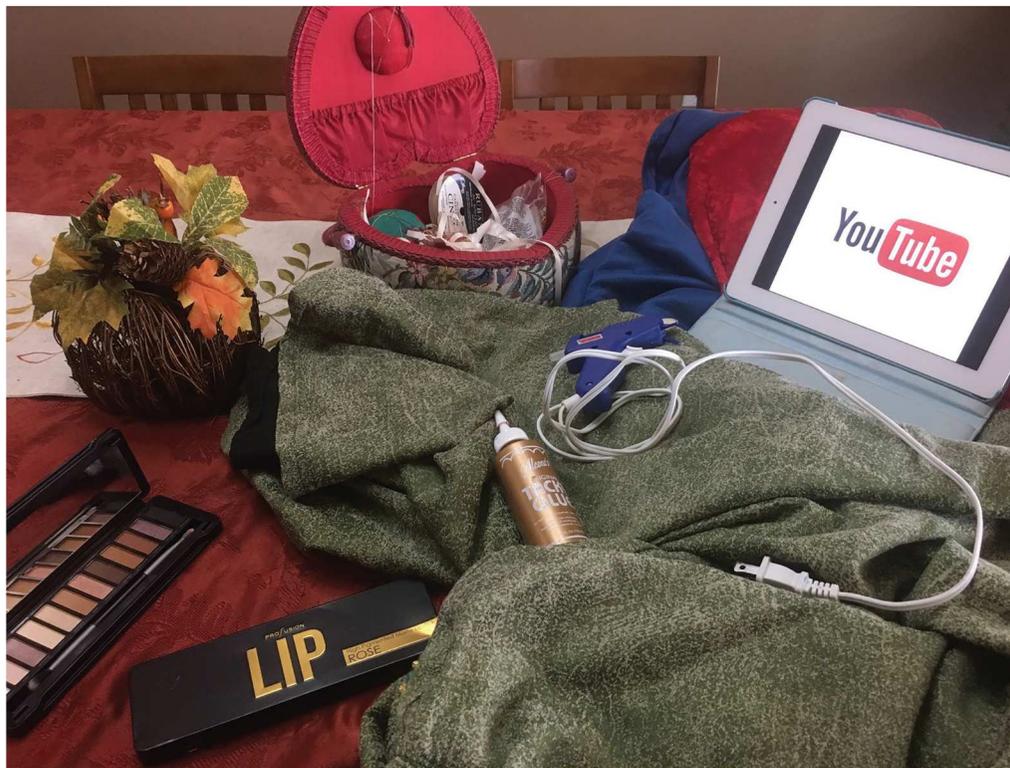
But, being short on time, from being the good student that you are may find you stressing in-between your studies.

Lucky for you, DIY projects come from a variety of ideas. There is no limit to creativity and your imagination. Simply using Google to search up any idea can flood your feed with simple steps to creating the ultimate alter ego.

The go to sites for DIYs seem to be Pinterest or YouTube. On Pinterest there are projects ranging from as simple as a gum ball machine or a pineapple, to something as intricate as personifying pop art.

If you are looking to create your own Halloween costume and want to advance from the traditional cat ears you do every year, a great place to start would be JOANN Fabric and Craft's store.

Ellie Jackson, an employee at JOANN Fabric and Craft's store in Manteca, advised that people who are trying to create DIY costumes for the first time should "pick a pattern that is in your capability" adding, "Definitely have a pattern. Don't just go off of a photo and say 'I want to



JOANN Fabrics and Craft's store and YouTube are great resources for "Do it yourself" (DIY) Halloween costumes to stimulate your creative side. (Signal Photo/Kristen Dias)

make this.' Even though it looks really pretty, it's probably very intricate. If you're just beginning, start easy, work your way up as you get used to it. And YouTube tutorials, watch YouTube tutorials all day long, and fabric glue is your best friend," Jackson expressed.

If you weren't aware that fabric and crafts stores like JOANN's could help you create your Halloween costumes, you'd be surprised by how many people come to JOANN's to cater their various costume needs.

Leticia El Alami, an employee at JOANN's, recalls a great memory she had of a customer creating their own costume.

"We've had a few people who liked to do cosplay, so they come in and do superheroes. There was one little kid that actually was one of the first



Stan State student, makeup artist, and YouTuber Stephanie Gonzalez creates a spooky sugar skull inspired look on a client. (Photo Courtesy of Veronica Garcia, Atiza Photo and Design)



**Stan State student, makeup artist, and You-Tuber Stephanie Gonzalez creates a unique Halloween inspired look of a sugar skull. (Photo Courtesy of Stephanie Gonzalez)**

youngest cosplayers and his whole family did it, so that was kind of neat,” Alami said. “They did like Marvel, DC, all those, and they would go down to LA, Sacramento, Santa Barbara, and Hollywood. He had a YouTube video as well.”

If you are on a tight budget for your costume materials, getting a fabric from JOANN’s is budget friendly. However, it varies depending on what you want to create.

Jackson said, “Depending on how intricate you want to get it, it could be anywhere from \$10 to \$15, or all the way up to \$100. So it is really depending on how intricate you want to get it, what kind of fabrics, etc. We are always trying to get you to the lowest possible price, but you know if you want a whole ball gown of brocade, it’s \$20.”

Fabric and craft stores like JOANN’s give customers the freedom and creativity to design their own costumes with comfortable and natural fabrics, this sets them apart from the typical Halloween party stores.

Above all else, Jackson believes that the “staff has a lot to do with it, we are all pretty creative, we are all willing to sit and take

the time to help you.” JOANN’s has their own “Pick Your Project” classes that include crocheting, sewing, quilting, knitting, painting, drawing, and even food crafting.

On another note, with various popular makeup artists and makeup tutorials on the rise, many people have started to find other ways to get very creative in their Halloween get-ups.

If you need a Halloween costume but do not want to spend a lot of money (or create your own costume from scratch), all you need to do is look in your makeup drawer. You can create various looks for Halloween with makeup and not much else.

California State University Stanislaus (Stan State), student Stephanie Gonzalez (Junior, Business), a makeup artist and YouTuber, has created very unique Halloween inspired looks with just makeup. Gonzalez started doing makeup tutorials on YouTube after her friends encouraged and praised her for her makeup skills.

“I’m so happy I started doing videos because so many people have been so thankful with how much my videos have helped them not only with their makeup skills, but their confidence,” Gonzalez said.

During the Halloween season, Gonzalez’s favorite Halloween inspired makeup creations have been a gangster clown look and sugar skulls that she did last year.

Many people want to do Hal-

loween inspired makeup looks, but don’t because they either do not know how to or do not know where to start.

Gonzalez’s advice for that predicament is “if you’re afraid to do a look for whatever reason, don’t be.”

She also emphasized the importance of perseverance.

“Practice, practice, practice. Some looks can be hard, but once you start a look you find little tips and tricks to make it easier. One outlet is YouTube. YouTube is extremely helpful with Halloween tutorials. Some YouTubers are extremely detailed when it comes to their tutorial. Most importantly, do not give up,” Gonzalez said.



**Stan State student, Stephanie Gonzalez, creates a unique Halloween inspired look. (Photo Courtesy of Stephanie Gonzalez)**

# Read if you dare: Students review “It”

by Marisol Ochoa

If you are a lover of thrill but find yourself to be extremely terrified of clowns, there’s a perfect way to satisfy that fear this Halloween.

Stephen King’s updated remake of “It” premiered in theaters on September 8.

“It” seems to be that the new pattern for drama and thriller movies is creating remakes on successful horror movies. Characters like Jigsaw, Jeepers Creepers, Chucky and now the child-killing clown, Pennywise, are being brought back to life on the big screen.

The film focuses on the Town of Derry in Maine, where local kids slowly start to disappear. No one knows why, but a group of seven kids join together and experience strange and horrifying encounters.

They are forced to face a creepy demonic clown, known as Pennywise, that is responsible for the missing children.

The 2017 movie remake of the famous King novel was first adapted into a 1990 TV miniseries. Although the remake is very similar to the miniseries, there are some original parts that aren’t shown in the new film.

The current film focuses more on the children’s past while the miniseries show the children thirty years later, as adults, returning to stop the evil clown.

In just one month, *It*, became the highest-grossing movie with \$266.1 million domestically and \$478.1 million globally and is also the ninth highest-grossing R-rated release in history. The film has surpassed the top horror movie of all time, *The Exorcist*, which made \$232.9 million in 1973.

Since the film has become so controversial, California State University Stanislaus, (Stan State), students were asked to give their thoughts on the movie.

“It was good. It had a lot more comedy than the original,” Alejandra Navarrete (alumni, Criminal Justice) said.

“It was both scary and funny. It was a little intense because there were parts that some might find disturbing,” she added.

Vanessa Mota (senior, Psychology) thought



It is about a terrifying clown that dwells on children’s biggest fears and uses it for his own pleasure. (Illustration by Jace Ortega)

the film surpassed her expectations.

“I thought the movie was good. It was better than the first one. I thought the first was definitely something to laugh at compared to this one that was gory, but there were still some funny parts,” Mota said.

Reynaldo Alfaro, (senior, Business/Marketing) agreed with Mota.

“I thought the movie was the best remake so far,” Alfaro said.

“The humor combined with the suspense had everybody’s eyes glued to the screen. I didn’t find it suspenseful, but my date would jump at a few scenes and that would make me jump too. The movie was a must see.”

Although some Stan State students might have enjoyed the film, there were also students that had mixed reviews on *It*.

Through a Twitter poll, Stan State students shared their thoughts and rated the horror film. The results of the poll were, 58% believed it was a great movie, 17% thought it was too scary, and 25% felt the original 1990 film was better.

Because the film was a success, New Line Cinema and Warner Bros., announced an *It* sequel to be released on September 6, 2019. The sequel is said to focus on the present life of the seven kids in the film, since the last film was entirely focused on their childhood.

# Dr. Marvalene Hughes

Continued from cover



Stan State's reflecting pond that was dedicated to Dr. Marvalene Hughes on September 29th, 2017. (Signal Photo/Clyde Chen)

for the building so I brought that to the council and asked for a new building!"

Dr. Hughes also referenced the DBH building as one that was made possible by donors whom the campus named the building after.

She went on to be President of Dillard University in New Orleans, Louisiana, after giving her all to Stan State. Right as Hurricane Katrina struck and ruined every building on campus, except for the chapel, Dr. Hughes made the immediate decision to place the students up in the nearby Hilton Hotel.

She contacted other presidents of universities across the nation asking for them to admit her students for a semester so that they could continue with their education with no obstacles in their way and before she could establish temporary quarters at the hotel.

This is the type of selfless attitude Associated Student, Inc. (ASI) President Brandon Demers noted in his speech when describing Dr. Hughes.

Other notable speakers who made an appearance on the stage were Mr. Patrick J. Crowley, Vice President, Advancement Affairs of Florida State University Foundation and Dr. Amin Elmallah, Dean Emeritus of the College of Business Administration and President of Stan State, Dr. Ellen Junn.

Dr. Admin could not help but explain how much Dr. Hughes has meant to him, calling her the "marvelous Marvalene".

"I had heard about her for many years and I've never had the chance to meet her," Junn said.

"She was one of the very few pioneering women presidents and the first African American president in the entire CSU so she was forging pioneering pathways for women at the presidential helm," she added.

"So when I had the chance to come and be here I knew immediately

that I wanted the chance to meet her and honor the legacy of what's she's built for this campus," Dr. Junn said.

Unexpected speeches were made from Dr. Hughes' sister, Elogene Hughes, and son, Jan Styles.

"She was like the quiet, yet smart person who is sitting in the back of the class. They just need that push and you guys gave it to her," her sister said.

Elogene and Styles spoke about the sacrifices Dr. Hughes' made.

"If it wasn't for me you would have had her with you all ten years earlier," Styles said.

Dr. Hughes has been all around the globe to establish partnerships with universities overseas, and has even received recognition, in various countries, one of them being China.

After the unveiling of her dedication plaque, Dr. Hughes gave a quick but memorable speech.

Dr. Hughes wanted to leave students with a statement of motivation.

"You think about what you can do for others, because when you open doors, you make it possible for others to advance."

Though Dr. Hughes has provided a lot for Stan State, she is not done giving back.

"I want to establish a program to encourage students to become leaders and at the end of this program, once they graduate, they will be given a budget for operational purposes," Dr. Hughes announced.

This program would assist those other quiet students in the back of the class, like Dr. Hughes was described as, become leaders in their community and get that push that Dr. Hughes benefited greatly from. Dr. Hughes stated that this program would begin "effective immediately".

President Ellen Junn placed her hand over her heart, displaying her gratitude towards the kind gesture.

Russell Fowler (senior, Business Administration) reflected on the momentous occasion.

"It is wonderful to reflect on her [Dr. Hughes] experience," Fowler said.

"I am a first generation student, so she has provided us a great pathway."

The Dr. Marvalene Hughes University Reflecting Pond was created in the 1960s as a flood control measure. The pond that comes from the Turlock municipal water supply has proved itself to be an integral aspect during times of drought as it holds 4.5 million gallons of water.

# Students get hands-on experience with sustainable garden



by Kristen Dias

StanFresh brought more than just its succulent produce for customers during the Agriculture Department's last produce stand in the Warrior quad.

It gave the chance for students to practice the process of sustainable gardening from harvesting the produce to pricing and selling it on the market.

Dr. Oluwarotimi Odeh, professor and Rolland Starn, Endowed Chair of the Agriculture Department stated that this process enables agriculture students to get the entire picture of how produce gets into the ground and later to the consumer.

This ensures that students have a "hands-on practical experience to practice what they learn in class," Dr. Odeh said.

The amount of work put into community outreach and marketing far exceeds the view of StanFresh a passerby would see at a glance. Farming sustainably is a process that seeks to care for the land from which produce comes as well as the people who consume the produce.

Dr. Rebekah Shrader, Assistant Professor of Economics, who was helping her Agricultural Markets and Pricing class at 11:00 a.m. during the Sep. 14 StanFresh, said that revenue made during StanFresh goes back into the sustainable garden's production.

"In a nutshell, it's an excellent representation and practice with supply and demand," Dr. Shrader said. "It's really a way to celebrate the area that we're in, the wonderful land we have in the Central Valley, and the expertise in agriculture gives students a hands on venue to practice what they learn in class."

Students from the Agriculture Markets and Pricing class, like Alie Tyler (junior, Sustainable Agriculture), are responsible for running the marketing and pricing aspect of StanFresh, according to the

curriculum of the course set in the spring of 2015.

"Ever since then we've been running and improving in the market," Dr. Shrader said. "Economics and agriculture go hand-in-hand."

According to Tyler, the Agricultural Markets and Pricing class' job was to set up the table at StanFresh that afternoon. They were also responsible for writing down what product sold out and what time it sold out to see what they should produce more of, or if they needed to raise product prices.

"Cilantro sold out 15 minutes in the opening of the StanFresh market," Tyler said.

Most of the StanFresh customers were faculty and staff from California State University, Stanislaus (Stan State). However, Dr. Shrader said that they did serve a few students interested in asking questions and buying produce that was easy to take back to class or dorms.

Before Tyler could sell the sustainable garden's produce on the market, she stated that her class dedicated 40 hours of their time to harvesting the commodities for their Leadership and Agricultural Labor class with Dr. Ayuba Seidu.

"It was cool seeing both sides being 'I just harvested those onions on Tuesday and now I'm selling them on Thursday,' so it was really cool watching that happen, how everything we sell is all from our garden," Tyler said.

Tyler added that she hopes to explore the possibility of working in the organic section of the United States Department of Agriculture (USDA). According to Dr. Shrader, one of the most frequently asked questions from StanFresh customers is if the produce is organic.

"Specifically with the sustainable garden, we do use pesticides, but they're all natural to go into the ground, and our sustainable garden technician is always making sure it's the exact amount," Tyler said.

Though the sustainable garden is not registered as organic, Dr. Odeh stated that Stan State's Garden Technician Martin Hildebrandt uses organic chemicals on the growing beds.

Hildebrandt later added that weed killer is only used on pathways within the sustainable garden. The Agriculture Department maintains around three acres of land, which includes a citrus grove, a sustainable garden, and a new tree plot between the citrus grove and golf field.



Lettuce variety grown in Stan State's sustainable garden. (Signal photo/Kristen Dias)



Alie Tyler (Far Left), Kristen Anderson, Sara Coble, Dr. Rebekah Shrader (Second to Far Right), and Hailey Ward at the Sep. 14 StanFresh produce stand. (Signal photo/Kristen Dias)

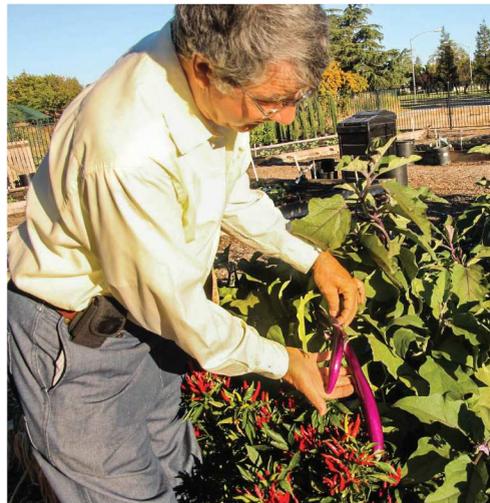
“I was kind of short on zucchini because we had a big outbreak of aphids the month before, which weakens the zucchini plant so that they were not able to produce very much, we usually have quite a bit more tomatoes,” Hildebrandt said.

He added that the hot weather during the past summer depleted the number of tomatoes usually produced by the garden and the carrot supply had also been damaged by insects, however, Hildebrandt said that the garden did supply an abundance of beets and eggplant for StanFresh.

According to Hildebrandt, the produce for the Sep. 14 StanFresh was grown by his garden assistant and himself during the summer. In order to have three or four markets during the semester “you have to start early,” Hildebrandt said.

Dr. Odeh stated that a portion of the excess produce from StanFresh that is not sold to consumers is sold to Chartwells, the campus’ dining venue, or given to United Samaritans as a donation.

Produce can also be purchased from an online distribution center known



Garden Technician Martin Hildebrandt examines eggplant from Stan State’s sustainable garden. (Signal photo/Kristen Dias)

as Community Supported Agriculture (CSA), which puts together full or half “share” baskets that range in price from \$80 to \$140. These baskets are put together by Dr. Costanza Zavalloni’s Sustainable Vegetable Production class using produce from the sustainable garden, according to Dr. Odeh.



Freshly cut flowers at StanFresh taken from Stan State’s sustainable garden. (Signal photo/Kristen Dias)

For more information on the CSA program visit [www.justfood.org/csa](http://www.justfood.org/csa) or visit [www.csustan.edu/agriculture/sustainable-garden/stanfresh-csa](http://www.csustan.edu/agriculture/sustainable-garden/stanfresh-csa) to purchase an order and view pickup dates.

# Staying safe this Halloween

by Francely Santos and Jesus Valdez



Halloween is just around the corner, and even though it can be all fun and games, precautionary measures should be taken in order to keep safe during this holiday.

Everyone from kids, parents, to college students can be affected during these festivities.

For parents, there tends to be a fine line between Halloween fun and safety concerns. This makes it crucial for parents or any guardian to accompany their kids every step of the way, doorbell to doorbell, to ensure their safety.

Francisco Ortiz (junior, Business) protects his children when they are

trick-or-treating by not letting them go to unfamiliar places.

“I keep them safe by keeping them close and visiting homes that look inviting,” Ortiz said.

Simple steps like walking in a safe manner, kids trick-or-treating with an adult, and parents checking the candy are some ways danger can be avoided during this coming Halloween.

“Have some kind of portable light source with you since some streets have dim lighting and be safe,” Ortiz added.

For college students, the exciting and impatient nostalgia of dressing and partying creeps in. With all the partying, music and dancing, we see another danger: drinking. Often students feel the compulsion to have new experiences.

An aura of becoming a different person or character can perhaps make students feel that it is okay to experiment with drugs and alcohol.

Lorenz Medina (senior, Economics) believes that people who are going to party during Halloween should be safe and know their alcohol limit.

“If you’re going out to a party, just be moderate [in drinking], see if you have a designated driver and don’t drink too much. [You should] babysit your drink, and don’t be taking shots every 30

seconds,” Medina said.

According to [collegedrinkingprevention.gov](http://collegedrinkingprevention.gov), 1,825 college students between the ages of 18 and 24 die from alcohol-related unintentional injuries, including motor-vehicle crashes. Another statistic stated that 696,000 students between the ages of 18 and 24 are assaulted by another student who has been drinking.

Eli Carrasco (senior, Spanish) feels that it is very important to take various precautions when her and her friends go out during Halloween.

“I always have pepper spray and, also, I’m never alone. Wear comfortable shoes, and check candy before eating it,” Carrasco added.

Other things you can do to stay safe is stay in public areas, always let someone know where you are and be cautious around strangers.

This Halloween, make sure to exercise your common sense and be safe.



(Signal Photo/Andrew Cabrera)

## October Sport Schedule

<b>1st</b> – Soccer Humboldt State Women’s at 11:30 a.m. / Men’s at 2 p.m.	<b>3rd</b> – Volleyball Women’s vs San Francisco State at 6 p.m. –Home	<b>5th</b> – Soccer Men’s vs Benedictine University at Mesa at 7 p.m.	<b>7th</b> – Volleyball Women’s vs Chico State at 7 p.m. –Home
<b>8th</b> – Soccer Women’s vs UC Santa Cruz at 6 p.m. –Home	<b>9th</b> – Golf Men’s vs Concordia Invitational at 8 a.m.	<b>10th</b> – Golf: Men’s vs Concordia Invitational at 8 a.m. Volleyball: Women’s vs Sonoma State at 7 p.m. –Home	<b>13th</b> – Soccer Men’s vs Cal State San Bernadino at 4:30 p.m. Home
<b>14th</b> – Cross-Country Santa Clara Invitational Women’s TBD Men’s at TBD	<b>15th</b> – Tennis Women’s at UCSC Tournament Soccer – Cal Poly Pomona Men’s at 11:30 a.m. Home Women’s at 2 p.m. Home	<b>16th</b> – Golf Men’s at Otter Fall Invitational at 8 a.m.	<b>17th</b> – Golf Men’s at Otter Fall Invitational at 8 a.m.
<b>19th</b> – Volleyball at Chico State at 7 p.m.	<b>20th</b> – Soccer Cal State Monterey Bay Women’s at 4:30 p.m. –Home Men’s at 7 p.m. –Home Volleyball at Humboldt State 7 p.m.	<b>28th</b> – Tennis: Women’s vs Warrior Tennis Invitational Soccer: Cal State Dominguez Hills Men’s at 11:30am / Women’s at 2 p.m. Volleyball: Cal State San Bernadino at 7 p.m.	<b>29th</b> – Tennis Women’s vs Warrior Tennis Invitational  <b>31st</b> – Soccer Women’s vs First Round TBD Men’s vs First Round TBD

# Day of the Dead: A misconception

by Clara Zapien and Jesús Alvarado



The Day of the Dead in Mexico is a traditional celebration rooting as back as the pre-Columbian times. This celebration is about remembering and honoring the deaths of our loved ones, as well as a time to reflect on one's life.

In fact, Mexico has a week's long of events honoring the dead. On Oct. 28, altars are made and offerings are given to family members who have died in accidents, while the 29th is to remember the ones who have died through other tragic means. Oct. 30 and 31 is dedicated to remember those who died at birth or who died before getting baptized. Moreover, Nov. 1 is All Saints Day, and Nov. 2 honors all of the dead.

Day of the Dead does not only consist of commemorating the dead, but it is also about coming together as a commu-

nity, the food, the offers and the spiritual aspect of it.

Mexicans make such celebrations positive ones instead of scary and morbid. This is because culturally and socially it is acceptable to poke fun of death and not be scared of it, but accepting it as a cycle of life. Which is why Mexicans celebrate Day of the Dead by baking "pan de muerto" (bread of the dead), a round-shaped bread with two cross links of dough to symbolize crossbones.

Also, they celebrate by arranging a bright, yellow-orange bouquet of "flor de muerto" (flower of the dead), which is essentially the Mexican Marigold flower. Sugar skulls are another aspect of the celebration, and are done in colorful, sophisticated designs. Nothing sad about enjoying sweet bread, colorful flowers



Offerings for Day of the Dead consist of the deceased's favorite objects, and at times foods, along with a picture of them and a religious candle. (Signal Photo/Andrew Cabrera)

and sugar skulls, right?

Dr. Manuel Murrieta, Spanish professor at California State University, Stanislaus (Stan State), explains how he celebrates this holiday.

"As a private manner, ultimately my family and me build an altar for the dead in our home's living room, which is basic, but it contains the essential elements of it," Murrieta said.

Murrieta added, "Once the altar is up, I gather my children and explain its meaning, I ask them to remember and know the deceased that are in the photographs. During the night I also make a reflection about them."

However, when October rolls around there are bound to be some Day of the Dead skulls among the decor at a store or at a Halloween party. But why have symbols from Day of the Dead ended up as decorations for Halloween?

Well, many individuals actually think that Day of the Dead is Mexico's version of Halloween, which, now that the history of it has been explained, is inaccurate to compare.

Gurwinder Kaur, (freshman, Criminal Justice) is one of those individuals, "I honestly thought [Day of the Dead and Halloween] were the same

thing said.

Dr. Murrieta explained, "I think, just how it tends to happen a lot with Mexican and Latin American culture, for [Americans] it is indifferent."

Just because it tends to happen, it doesn't necessarily mean that individuals from those cultures aren't bothered by the confusion.

Valeria Mendoza (sophomore, Psychology) expressed her concerns "I do see it a lot and I don't like it" said Mendoza, "It makes me uncomfortable. Whenever I see that it looks bad."

Noemi Ramirez (senior, Sociology) on the other hand, doesn't think that it is as serious.

"I haven't seen much of that during this year" expressed Ramirez, adding "I don't find it controversial. As far as I know day of the dead is different from how Americans celebrate Halloween."

Although there are various points of views, Day of the Dead is just one element out of many cultural groups that are being misconstrued and utilized to make a profit. So next time you want to celebrate someone else's culture in a respectful manner, take the time in learning its history.



At times, Mexicans dress up skeletons, or calaveritas or catrinas, with traditional clothing and decorate the scene with papel picado, or pecked, decorated paper, to make it more colorful and pretty. (Photo Courtesy of Diana Velázquez)

# Día de los muertos: Las mal interpretaciones

por Clara Zapien y Jesús Alvarado



El día de los muertos en México es una celebración tradicional que viene desde los tiempos precolombinos. Esta celebración es para recordar y conmemorar las muertes de nuestros seres queridos y también para reflexionar sobre la vida de uno.

De hecho, México tiene toda una semana dedicada para conmemorar a los fallecidos. El 28 de octubre se hacen altares y ofrendas entre familiares para conmemorar quienes hayan muerto en algún accidente, mientras el 29 es para recordar quienes han fallecido debido a otros eventos trágicos. El 30 de octubre y el 31 es dedicado para recordar a quienes han fallecido al ser nacidos o a quienes fallecieron sin ser bautizados. Además, el 1 de noviembre es el día de los santos y el 2 es el día de los muertos.

El día de los muertos no solamente consiste en conmemorar los fallecidos, sino que también consiste en unirse como una comunidad, la comida, las ofrendas y el aspecto espiritual de ello.

Los mexicanos hacen que dichas celebraciones sean positivas en vez de aterradoras o mórbidas. Esto es porque culturalmente, y socialmente, es aceptable burlarse de la muerte para así no temerle, sino aceptarla como parte del ciclo de la vida. Es por eso que los mexicanos celebran el día de los muertos al hacer el famoso pan de muerto, un pan dulce, redondo con las figuras enzima que simbolizan dos huesos cruzados.

También celebran arreglando ramos de flor de muerto, una flor naranja-amarilla. Las calaveritas de azúcar es otro aspecto del día de los muertos, y son hechas de manera sofisticada y colorida. Nada de triste al disfrutar un pan de muerto, ramo de flores coloridas y unas calaveras de azúcar, ¿cierto?

“Ya de manera más privada, últimamente mi familia y yo montamos un altar de muertos en la sala de la casa de manera muy básica, pero con los elementos esenciales”, Dr. Manuel Murrieta, profesor de español en universidad de Stanislaus, dijo.

Murrieta añadió diciendo, “Una vez que está colocado el altar, reúno a mis hijos y les explico el significado del mismo, les pido que recuerden y conozcan a los fallecidos que están ahí en las fotos. También por la noche hago una reflexión muy íntima sobre ellos.”

Sin embargo, cuando octubre se acerca vemos que algunas cosas del día de los muertos, como la calavera, está por todas partes, ya sea en una tienda o en una fiesta de “Halloween”. ¿Por qué algunos símbolos del día de los muertos son mezclados con aquellos de “Halloween”?

Varias personas, de hecho, creen que el día de los muertos es la versión mexicana de “Halloween”, lo cual es comparación incorrecta.

Gurwinder Kaor, estudiante de justicia criminal, cree que esta celebración es la versión mexicana de “Halloween”, “Honestamente yo pensé que el día de los muertos y ‘Halloween’ eran la misma cosa.

Dr. Murrieta añade diciendo, “Creo que, como pasa con mucho de lo mexicano y lo latinoamericano, a la gran mayoría [de los

norteamericanos] le es indiferente”.

Valeria Mendoza, estudiante de psicología, dice que le molesta que muchos no saben el contexto cultural del día de los muertos y en sí no saben diferenciar entre “Halloween” y lo otro.

“Sí lo veo mucho y me molesta”, dijo Mendoza. “Me hace sentir incómoda. Cuando veo la confusión, se mira mal”.

No obstante, hay otras personas a quienes no les molesta la confusión entre ambos días festivos.

Noemi Ramírez, estudiante de sociología, dice, “No lo encuentro controversial. Por lo que yo sé el día de los muertos es diferente a como los norteamericanos celebran ‘Halloween’”.

Aunque hay varios puntos de vista, el día de los muertos es solo un elemento de varios grupos culturales que son mal interpretados y son utilizados para capitalizar a través de ello. Así que la próxima vez que uno quiera celebrar la cultura de alguien más, de manera respetuosa, hay que tomarse el tiempo en aprender su historia.



La flor cempasúchil se reconoce como la flor de muerto y es usada para decoraciones que le dan más color al ambiente. (Foto cortesía de Andrew Cabrera)

Flower of the dead, which are used to crate a more colourful scene and are put in cemeteries for decorations.

KCSS Presents

# TRICK OR BEAT

Halloween  
Concert

7pm-10pm

Performances  
by:

The  
Cazadores,  
Killah Wail  
and

Cardinal Sins

KCSS  
merchandise  
available

Free Admission

Donations encouraged



OCT.  
21ST

Queen Bean  
Coffee House

1126 14th Street Modesto

Costume  
Contest

# Break the tradition

by Jyoti Dhanota



Many of us have heard our parent's or grandparent's say, "Back when I was a kid . . ." and they normally tend to follow it with something such as, "I would walk to school, we didn't have phones, we would go outside," and items similar to these. What we don't hear them talk about a lot is the negative things they saw growing up or why they think the way they do.

How many of us have heard someone say, "Oh it's okay. Maybe next time it will be a girl," or "You had a girl, that's so sad?" Chances are, if you are from an Indian family you have heard that or you know someone that has.

People see having a girl as

a burden, but welcome to 2017 where students at California State University, Stanislaus, (Stan State), show that times have changed and everyone needs to know that.

Even though she had a horrible past Jasmeen Kaur (freshman, Undeclared) wasn't hesitant to talk about it.

"I have experienced someone not wanting a girl. When I was born my dad didn't come to see me until a week later. He was expecting a boy. I was given to my aunt and uncle who raised me. Technically, I was adopted by them,"

Kaur said. "But now things are better. My dad and I get along the best out of everyone in my family."

Manroop Chandi (sophomore, Business & Economics) gave her first hand experience with issues as well.

"It is very common to hear this, and I have a personal experience with this too. My sister-in-law gave birth to my niece last year, and I went to the Sikh Temple and a lot of the ladies asked us the question. 'Was it a boy or a girl?' Obviously I very happily said it was a baby girl. Many of the reactions I got were, 'oh it was a girl, that's so sad. Hopefully next time it will be a boy.'

Dalvir Atwal (senior, Kinesiology) was quick to give his stance on the issue.

"I think that it's unfair. I have seen it happening and sexism is still alive," Atwal stated.

Harpreet Kooner (freshman, Undeclared) went straight to the point about what he had to say.

"I have seen a couple of parents who wish it



Illustration by Simarjit Kaur

was a boy," Kooner said.

So why exactly do people find girls to be a burden? Is it because they have to be taught how to cook, clean and take care of their family?

"There isn't really a definitive answer to this. In my opinion, it just depends on family to family. Everyone has a different answer to this, but I haven't necessarily come across men that were willing to do housework, cook and clean. I feel like our generation is still getting there and there's still a lot of work to be done to help change the mindset in a more positive manner," Chandi said.

Even men say that it is time for men to get to work, as well.

"The kitchen isn't just for girls. The kitchen is for anyone that is hungry," Atwal said. "And regardless of whether you are male or female, you can get to taking care of the house."

"There shouldn't be gender roles and if there are, they shouldn't be forced," Kooner said.

Kaur reiterates their positions.

“Why should girls be the only ones that know how to cook? In today’s generation both girls and guys are willing to take on housework,” she said.

Born in 1957, Amrik Bajwa, a resident of Turlock, Ca., watched girls being left behind.

“There was a lot of it,” Bajwa said. “I saw a lot of it growing and can’t believe some people still think like this.”

So what about gender roles?

“It’s a busy life. Both men and women need to be doing housework. It is their house and men should really learn how to cook. The reason being, if his mother or wife get sick then they can take care of them. Women will already know to cook because, unfortunately, their in-laws will kick them out if they don’t know how,” Bajwa said.

She goes on to add her stance.

“Girls are even better than boys,” Bajwa said.

Author of the article, “Why is the number of adoptions in India declining?” Nikita Doval, writes, “According to the National Crime Records Bureau, 930 children were abandoned across India in 2013. This could be a massive underestimation—by more than 10,000 times, according to statistics presented to the Supreme Court in a PIL filed in 2011 which estimates the figure to be closer to 11 million, 90% of them girls.”

Raj Khaira founded the Pink Ladoo Project, as a way to celebrate the birth of girls.

“The idea first came to me when we were packing boxes of ladoo for the birth of my brother when I was twelve.

The idea fell away and didn’t come back to me until my mid to late twenties. I was working as a lawyer and saw many diversity and women’s inclusion campaigns. It got me thinking what is the South Asian community doing to improve diversity?” Khaira said.

With the launch of a new project, there are always some challenges and some people who think there is no point in it.

“This is a social media campaign, so my interaction with people really centers around the social media. I did have one elderly lady at a talk that I was giving say to me that her family celebrates girls, so this campaign was pointless. To that I replied, ‘just because your family celebrates girls, that doesn’t mean that everyone does. If there is even one family that doesn’t celebrate the birth of a girl, that is enough for me to know that campaign has purpose and meaning,’ Khaira added.

This campaign has come far from the start and still has a ways yet to go.

“We got forty-thousand followers in different countries. The majority of our following is in Canada, United States and United Kingdom. We have had extensive press coverage, and we have been featured by some of the world’s most prestigious news outlets. But still, 40,000 people out of a global community of South Asians isn’t very many. On one hand, I feel that the campaign has come very far, but on the other hand, I feel that there is still a lot of work to be done,” Khaira said.

Just how Khaira feels that there still needs to be some work done with her campaign, there still needs to be some work done with people’s mindsets. It’s now up to this generation to break the tradition and start celebrating girl birth and start thinking of every gender as equal. Let’s forget gender roles and start working together, because in the end it will make life a whole lot easier.

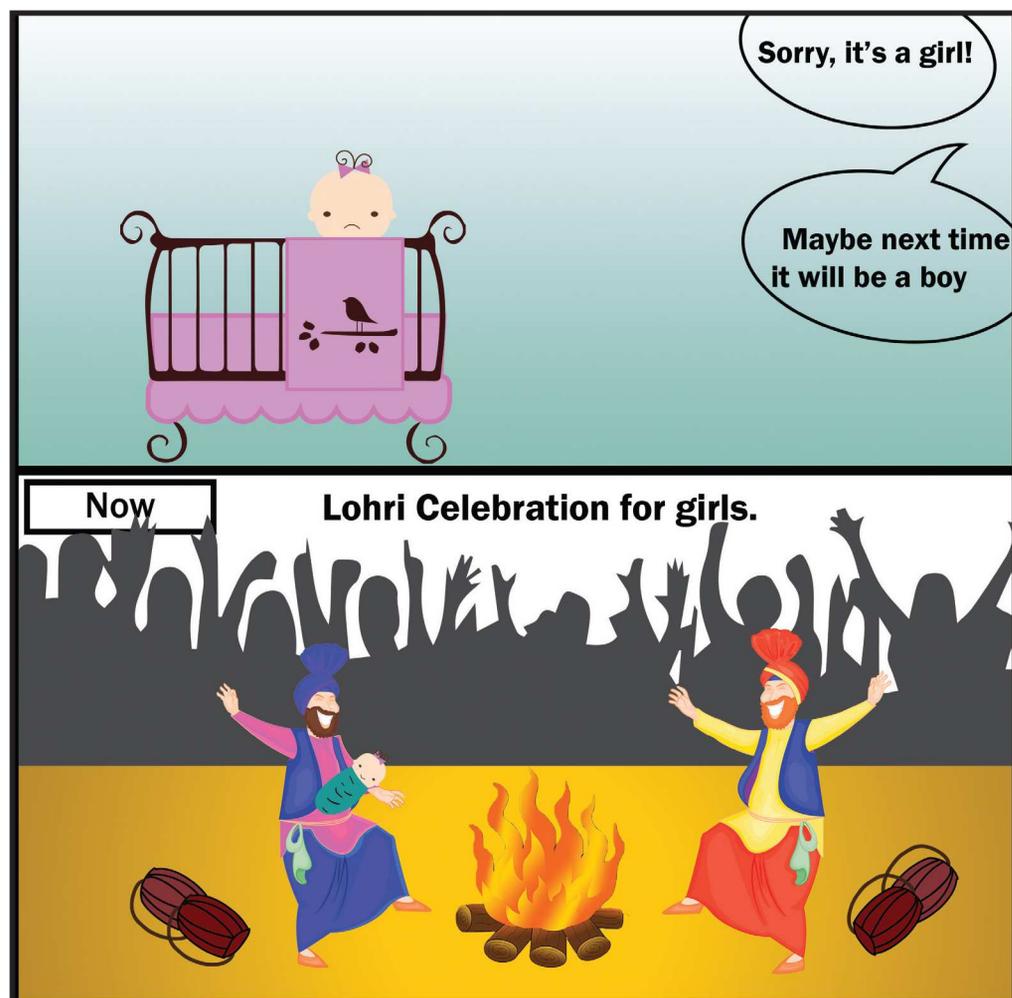


Illustration by Simarjit Kaur

# ਪਰੰਪਰਾ ਤੋੜੋ



by Jyoti Dhanota

ਸਾਡੇ ਵਿੱਚੋਂ ਬਹੁਤ ਸਾਰੇ ਨੇ ਸਾਡੇ ਮਾਤਾ-ਪਿਤਾ ਜਾਂ ਦਾਦਾ-ਦਾਦੀ ਨੂੰ ਇਹ ਕਹਿੰਦੇ ਹੋਏ ਸੁਣਿਆ ਹੈ, “ਜਦੋਂ ਮੈਂ ਬੱਚਾ ਸੀ...” ਤੇ ਉਹ ਆਮ ਤੌਰ ਤੇ ਇਸ ਨਾਲ ਕੁਝ ਕਰਨ ਦੀ ਕੋਸ਼ਿਸ਼ ਕਰਦੇ ਹਨ, ਜਿਵੇਂ ਕਿ ਮੈਂ ਸਕੂਲ ਜਾਣਾ ਸੀ, ਸਾਡੇ ਕੋਲ ਫੋਨ ਨਹੀਂ ਸਨ, ਅਸੀਂ ਬਾਹਰ ਜਾਵਾਂਗੇ ਅਤੇ ਚੀਜ਼ਾਂ ਇਹਨਾਂ ਦੇ ਸਮਾਨ ਹੈ। ਜੇ ਅਸੀਂ ਉਹਨਾਂ ਨੂੰ ਨਹੀਂ ਸੁਣਦੇ ਉਹ ਕਹਿੰਦੇ ਹਨ ਕਿ ਬਹੁਤ ਕੁਝ ਬਾਰੇ ਗੱਲਬਾਤ ਉਹ ਵਧੀਆਂ ਹੋਈਆਂ ਨਾਜ਼ੁਕ ਚੀਜ਼ਾਂ ਜਾਂ ਉਹਨਾਂ ਨੂੰ ਕਿਵੇਂ ਵਿਖਾਈ ਦੇ ਰਹੀ ਹੈ?

ਸਾਡੇ ਵਿੱਚੋਂ ਕਿੰਨੇ ਕੁ ਲੋਕਾਂ ਨੇ ਇਹ ਸੁਣਿਆ ਹੈ, “ਓ ਇਹ ਠੀਕ ਹੈ। ਹੋ ਸਕਦਾ ਹੈ ਕਿ ਅਗਲੀ ਵਾਰ ਇਹ ਕੁੜੀ ਹੋਵੇ, “ਜਾਂ” ਤੁਹਾਡੀ ਇੱਕ ਕੁੜੀ ਸੀ, ਇਹ ਇੰਨੀ ਉਦਾਸ ਸੀ। “ਸੰਭਾਵਤ ਇਹ ਹਨ ਕਿ ਜੇਕਰ ਤੁਸੀਂ ਇੱਕ ਭਾਰਤੀ ਪਰਿਵਾਰ ਦੇ ਹੋ, ਤੁਸੀਂ ਸੁਣਿਆ ਹੈ ਜਾਂ ਤੁਸੀਂ ਕਿਸੇ ਨੂੰ ਜਾਣਦੇ ਹੋ

ਲੋਕ ਇਕ ਲੜਕੀ ਨੂੰ ਬੋਝ ਸਮਝਦੇ ਹਨ, ਪਰ 2017 ਵਿਚ ਸੁਆਗਤ ਕਰਦੇ ਹਨ ਜਿੱਥੇ ਕੈਲੀਫੋਰਨੀਆ ਸਟੇਟ ਯੂਨੀਵਰਸਿਟੀ (ਸਟੈਨ ਸਟੇਟ) ਦੇ ਵਿਦਿਆਰਥੀ ਦਿਖਾਉਂਦੇ ਹਨ ਕਿ ਸਮੇਂ ਬਦਲੇ ਹਨ ਅਤੇ ਸਾਰਿਆਂ ਨੂੰ ਇਹ ਜਾਣਨ ਦੀ ਜ਼ਰੂਰਤ ਹੈ।

ਭਾਵੇਂ ਕਿ ਉਸ ਦੀ ਭਿਆਨਕ ਪਿਛਲੀ ਜਸਮੇਂ ਕੌਰ (freshman, undeclared) ਨੇ ਇਸ ਬਾਰੇ ਗੱਲ ਕਰਨ ਤੋਂ ਝਿਜਕ ਨਹੀਂ ਸੀ ਕੀਤਾ।

“ਮੈਂ ਕਿਸੇ ਅਜਿਹੇ ਵਿਅਕਤੀ ਦਾ ਤਜਰਬਾ ਕੀਤਾ ਹੈ ਜੋ ਕਿਸੇ ਕੁੜੀ ਨੂੰ ਨਹੀਂ ਚਾਹੁੰਦੇ। ਜਦੋਂ ਮੇਰਾ ਜਨਮ ਹੋਇਆ ਸੀ ਮੇਰੇ ਹਿਸਾਬ ਇੱਕ ਹਫ਼ਤਾ ਬਾਅਦ ਵਿੱਚ ਮੈਨੂੰ ਵੇਖਣ ਲਈ ਆਇਆ ਨਹੀਂ ਸੀ। ਉਹ ਇੱਕ ਲੜਕੇ ਦੀ ਉਮੀਦ ਕਰ ਰਿਹਾ ਸੀ। ਮੈਨੂੰ ਮੇਰੇ ਮਾਸੀ ਜੀ ਅਤੇ ਮਾਸਰ ਜੀ ਨੂੰ ਦਿੱਤਾ ਗਿਆ ਸੀ ਜਿਨ੍ਹਾਂ ਨੇ ਮੈਨੂੰ ਜੀਉਂਦਾ ਕੀਤਾ ਸੀ। ਤਕਨੀਕੀ ਤੌਰ ‘ਤੇ, ਮੈਂ ਉਨ੍ਹਾਂ ਦੁਆਰਾ ਅਪਣਾਇਆ ਗਿਆ, “ਕੌਰ ਕਹਿੰਦੀ ਹੈ। “ਪਰ ਹੁਣ ਚੀਜ਼ਾਂ ਬਿਹਤਰ ਹਨ। ਮੇਰੇ ਡੈਡੀ ਅਤੇ ਮੈਂ ਆਪਣੇ ਪਰਵਾਰ ਦੇ ਸਭਨਾਂ ਵਿੱਚੋਂ ਸਭ ਤੋਂ ਵਧੀਆਂ ਹਾਂ। “

ਮਨਰੋਪ ਚਾਂਡੀ (ਸੇਫਓਮੇਰੇ, ਬਿਜਨੈਸ ਅਤੇ ਇਕਨੋਮਿਕਸ) ਨੇ ਮੁੱਦੇ ਦੇ ਨਾਲ ਨਾਲ ਆਪਣਾ ਪਹਿਲਾ ਹੱਥ ਦਾ ਅਨੁਭਵ ਵੀ ਦੇ ਦਿੱਤਾ।

“ਇਹ ਸੁਣਨਾ ਬਹੁਤ ਆਮ ਹੈ ਅਤੇ ਮੇਰੇ ਕੋਲ ਇਸ ਬਾਰੇ ਇਕ ਨਿੱਜੀ ਤਜਰਬਾ ਵੀ ਹੈ। ਮੇਰੀ ਭੈਣ ਨੂੰ ਪਿਛਲੇ ਸਾਲ ਮੇਰੀ ਭਾਣਜੀ ਨੂੰ ਜਨਮ ਦਿੱਤਾ, ਉਹ ਗੁਰਦੁਆਰੇ ਚਲੀ ਗਈ ਅਤੇ ਬਹੁਤ ਸਾਰੀਆਂ ਔਰਤਾਂ ਨੇ ਸਾਨੂੰ ਸਵਾਲ ਪੁੱਛਿਆ। “ਕੀ ਇਹ ਮੁੰਡਾ ਜਾਂ ਕੁੜੀ ਸੀ?” ਸਪੱਸ਼ਟ ਹੈ ਕਿ ਮੈਂ ਬਹੁਤ ਖੁਸ਼ ਹਾਂ ਕਿ ਇਹ ਇਕ ਬੱਚੀ ਸੀ ਮੈਨੂੰ ਮਿਲੀਆਪ ਬਹੁਤ ਸਾਰੀਆਂ ਪ੍ਰਤੀਕਰਮਾਂ ਸਨ, “ਓਹ ਇਹ ਇੱਕ ਕੁੜੀ ਸੀ, ਇਹ ਬਹੁਤ ਉਦਾਸ ਸੀ। ਉਮੀਦ ਹੈ ਅਗਲੀ ਵਾਰ ਇਹ ਮੁੰਡਾ ਹੋਵੇਗਾ। “

ਦਲਵੀਰ ਅਟਵਾਲ (ਸੀਨੀਅਰ, ਕਾਇਨੀਸੋਲੋਜੀ) ਇਸ ਮੁੱਦੇ ‘ਤੇ ਆਪਣੇ ਰੁਖ਼ ਦੇਣ ਲਈ ਤੇਜ਼ ਸਨ।

“ਮੈਨੂੰ ਲਗਦਾ ਹੈ ਕਿ ਇਹ ਗਲਤ ਹੈ। ਮੈਂ ਇਸ ਨੂੰ ਵਾਪਰ ਰਿਹਾ ਦੇਖਿਆ ਹੈ ਅਤੇ ਲਿੰਗਵਾਦ ਹਾਲੇ ਜਿਉਂਦਾ ਹੈ, “ਅਟਵਾਲ ਨੇ ਕਿਹਾ।

ਹਰਪ੍ਰੀਤ ਕੂਨਰ (freshman, ਅਨਿਯਕਲੇਅਰਡ) ਸਿੱਧੇ ਤੌਰ ‘ਤੇ ਉਸ ਬਾਰੇ ਕਹਿਣਾ ਚਾਹੁੰਦਾ ਸੀ ਕਿ ਉਸ ਨੂੰ ਕੀ ਕਹਿਣਾ ਚਾਹੀਦਾ ਸੀ।

ਕੂਨਰ ਕਹਿੰਦਾ ਹੈ, “ ਮੈਂ ਵੇਖਿਆ ਹੈ ਕਿ ਮਾਪੇ ਚਾਹੁੰਦੇ ਹਨ ਕਿ ਉਨ੍ਹਾਂ ਦਾ ਬੱਚਾ ਮੁੰਡਾ ਸੀ।”

ਇਸ ਲਈ ਲੋਕਾਂ ਨੂੰ ਕੁੜੀ ਬੋਝ ਕਿਉਂ ਲੱਗਦੇ ਹੈ? ਕੀ ਇਹ ਇਸ ਲਈ ਹੈ ਕਿਉਂਕਿ ਕੁੜੀਆਂ ਨੂੰ ਖਾਣਾ ਪਕਾਉਣਾ ਸਿੱਖਣਾ ਪੈਂਦਾ ਹੈ?ਕੀ ਇਹ ਇਸ ਲਈ ਹੈ ਕਿਉਂਕਿ ਲੜਕੀਆਂ ਨੂੰ ਘਰ ਨੂੰ ਸਾਫ ਕਰਨਾ ਸਿੱਖਣਾ ਪੈਂਦਾ ਹੈ?

“ਇਸ ਤੋਂ ਅਸਲ ਵਿੱਚ ਇਸ ਦਾ ਕੋਈ ਪੱਕਾ ਜਵਾਬ ਨਹੀਂ ਹੈ। ਮੇਰੀ ਰਾਏ ਵਿੱਚ ਇਹ ਕੇਵਲ ਪਰਿਵਾਰ ਲਈ ਨਿਰਭਰ ਕਰਦਾ ਹੈ ਹਰ ਇੱਕ ਦਾ ਇਸਦਾ ਵੱਖਰਾ ਜਵਾਬ ਹੈ, ਪਰ ਮੈਂ ਜ਼ਰੂਰੀ ਤੌਰ ਤੇ ਉਨ੍ਹਾਂ ਆਦਮੀਆਂ ਦੇ ਕੋਲ ਨਹੀਂ ਆ ਰਿਹਾ ਜਿਹੜੇ ਘਰ ਦੇ ਕੰਮ ਕਰਨ, ਖਾਣਾ ਬਣਾਉਣਾ ਅਤੇ ਸਾਫ ਕਰਨ ਲਈ ਤਿਆਰ ਸਨ। ਮੈਂ ਮਹਿਸੂਸ ਕਰਦਾ ਹਾਂ ਕਿ ਸਾਡੀ ਪੀੜ੍ਹੀ ਅਜੇ ਵੀ ਉੱਥੇ ਆ ਰਹੀ ਹੈ ਅਤੇ ਅਜੇ ਵੀ ਬਹੁਤ ਜ਼ਿਆਦਾ ਕੰਮ ਕਰਨ ਦੀ ਜ਼ਰੂਰਤ ਹੈ ਤਾਂ ਜੋ ਮਨ ਨੂੰ ਹੋਰ ਸਕਾਰਾਤਮਕ ਤਰੀਕੇ ਨਾਲ ਬਦਲਿਆ ਜਾ ਸਕੇ,” ਚਾਂਡੀ ਨੇ ਕਿਹਾ।

ਦੋਨੋਂ ਮਰਦਾਂ ਨੇ ਇਹ ਕਹਿਣਾ ਹੈ ਕਿ ਹੁਣ ਸਮਾਂ ਆ ਗਿਆ ਹੈ ਕਿ ਪੁਰਸ਼ਾਂ ਨੂੰ ਵੀ ਕੰਮ ਕਰਨ ਦਾ ਮੌਕਾ ਮਿਲੇ।

“ਰਸੋਈ ਕੇਵਲ ਕੁੜੀਆਂ ਲਈ ਨਹੀਂ ਹੈ,” ਅਟਵਾਲ ਨੇ ਕਿਹਾ। “ਜਿਹੜਾ ਵੀ ਭੁੱਖਾ ਹੈ ਉਸ ਲਈ ਰਸੋਈ ਹੈ।”

ਕੂਨਰ ਕਹਿੰਦਾ ਹੈ, “ਲਿੰਗ ਭੂਮਿਕਾਵਾਂ ਨਹੀਂ ਹੋਈਆਂ ਚਾਹੀਦੀਆਂ ਅਤੇ ਜੇ ਉਥੇ ਹੈ, ਤਾਂ ਉਨ੍ਹਾਂ ਨੂੰ ਮਜਬੂਰ ਨਹੀਂ ਕੀਤਾ ਜਾਣਾ ਚਾਹੀਦਾ।”

ਕੌਰ ਆਪਣੀ ਅਹੁਦਿਆਂ ਦੀ ਬੈਕਅੱਪ ਕਰਦੇ ਹਨ।

“ਲੜਕੀਆਂ ਨੂੰ ਸਿਰਫ ਉਹੋ ਜਿਹੀਆਂ ਕਿਸ ਤਰ੍ਹਾਂ ਪਤਾ ਹੋਣਾ ਚਾਹੀਦਾ ਹੈ ਜੇ ਪਕਾਉਣੀਆਂ ਜਾਣਦੇ ਹਨ? ਅੱਜ ਦੀ ਪੀੜ੍ਹੀ ਵਿਚ ਦੋਨੋਂ ਲੜਕੀਆਂ ਅਤੇ ਮੁੰਡੇ ਘਰ ਵਿਚ ਕੰਮ ਕਰਨ ਲਈ ਤਿਆਰ ਹਨ। “

1957 ਵਿਚ ਪੈਦਾ ਹੋਏ, ਟਾਰਲਕਾਕ, ਸੀ. ਦੇ ਵਸਨੀਕ ਅਮਰੀਕ ਬਾਜਵਾ ਨੇ ਦੇਖਿਆ ਕਿ ਲੜਕੀਆਂ ਪਿੱਛੇ ਛੱਡੀਆਂ ਰਹਿ ਗਈਆਂ ਹਨ।

“ਇਹ ਬਹੁਤ ਸਾਰਾ ਸੀ!” ਬਾਜਵਾ ਨੇ ਕਿਹਾ। “ਮੈਂ ਇਸ ਵਿੱਚ ਬਹੁਤ ਵਾਧਾ ਹੋਇਆ ਹੈ ਅਤੇ ਵਿਸ਼ਵਾਸ ਨਹੀਂ ਕਰ ਸਕਦੇ ਕਿ ਕੁਝ ਲੋਕ ਅਜੇ ਵੀ ਇਸ ਤਰ੍ਹਾਂ ਸੋਚਦੇ ਹਨ।”

ਇਸ ਲਈ ਲਿੰਗ ਭੂਮਿਕਾਵਾਂ ਬਾਰੇ ਕੀ ਹੈ?

“ਇਹ ਇੱਕ ਵਿਅਸਤ ਜਿੰਦਗੀ ਹੈ। ਦੋਵਾਂ ਮਰਦਾਂ ਅਤੇ ਔਰਤਾਂ ਨੂੰ ਘਰੇਲੂ ਕੰਮ ਕਰਨ ਦੀ ਜ਼ਰੂਰਤ ਹੈ। ਇਹ ਉਨ੍ਹਾਂ ਦਾ ਘਰ ਹੈ ਅਤੇ ਮਰਦਾਂ ਨੂੰ ਅਸਲ ਵਿੱਚ ਸਿੱਖਣਾ ਚਾਹੀਦਾ ਹੈ ਕਿ ਕਿਵੇਂ ਪਕਾਉਣਾ ਹੈ। ਇਸ ਕਾਰਨ ਕਰਕੇ, ਜੇ ਉਸਦੀ ਮਾਂ ਜਾਂ ਪਤਨੀ ਬੀਮਾਰ ਹੋ ਜਾਂਦੇ ਹਨ ਤਾਂ ਉਹ ਉਨ੍ਹਾਂ ਦੀ ਦੇਖਭਾਲ ਕਰ ਸਕਦੇ ਹਨ। ਔਰਤਾਂ ਪਹਿਲਾਂ ਹੀ ਪਕਾਉਣ ਜਾਣਗੀਆਂ, ਕਿਉਂਕਿ ਬਦਕਿਸਮਤੀ ਨਾਲ ਇਹ ਦੱਸਿਆ ਜਾਂਦਾ ਸੀ ਕਿ ਜੇ ਉਨ੍ਹਾਂ ਨੂੰ ਨਹੀਂ ਪਤਾ ਕਿ ਉਨ੍ਹਾਂ ਦੇ ਸਹੁਰੇ ਉਨ੍ਹਾਂ ਨੂੰ ਬਾਹਰ ਕੱਢ



ਹੁਣ ਜਦੋਂ ਇਕ ਲੜਕੀ ਜਨਮ ਲੈਂਦੀ ਹੈ ਤਾਂ ਲਾਡੂ ਨੂੰ ਵੰਡਿਆ ਜਾਂਦਾ ਹੈ (Signal Photo, Jyoti Dhanota). Laddoos here only given when boys were born to family and friends, but now also for when girls are born.

ਦੇਣਗੇ,” ਬਾਜਵਾ ਨੇ ਕਿਹਾ।

ਉਹ ਹਰ ਚੀਜ਼ ‘ਤੇ ਆਪਣਾ ਰੁਖ ਜੋੜਦੀ ਹੈ ਅਤੇ ਇਸ ਨੂੰ ਇਕ ਸਾਧਾਰਣ ਢੰਗ ਨਾਲ ਖਿੱਚਦੀ ਹੈ।

ਬਾਜਵਾ ਨੇ ਕਿਹਾ ਕਿ, “ਕੁੜੀਆਂ ਲੜਕੇ ਨਾਲੋਂ ਵੀ ਬਿਹਤਰ ਹਨ।”

ਲੇਖ ਦੇ ਲੇਖਕ, “ਭਾਰਤ ਵਿਚ ਗੋਦ ਲੈਣ ਦੀ ਗਿਣਤੀ ਕਿਉਂ ਘਟ ਰਹੀ ਹੈ?” ਨਿਕਿਕਾ ਡੇਵਾਲ ਲਿਖਦੀ ਹੈ, “ਨੈਸ਼ਨਲ ਕ੍ਰਾਇਮ ਰਿਕਾਰਡ ਬਿਊਰੋ ਦੇ ਅਨੁਸਾਰ, 2013 ਵਿਚ 930 ਬੱਚਿਆਂ ਨੂੰ ਭਾਰਤ ਵਿਚ ਛੱਡ ਦਿੱਤਾ ਗਿਆ ਸੀ। ਸੁਪਰੀਮ ਕੋਰਟ ਨੂੰ 2011 ਵਿਚ ਦਾਖਲ ਕੀਤੀ ਜਨਹਿਤ ਪਟੀਸ਼ਨ ਵਿਚ ਪੇਸ਼ ਕੀਤੇ ਗਏ ਅੰਕੜਿਆਂ ਮੁਤਾਬਕ ਇਸ ਅੰਕਾਰੇ ਦੀ ਗਿਣਤੀ 11 ਮਿਲੀਅਨ ਹੈ, ਜਿਸ ਵਿਚ 90% ਲੜਕੀਆਂ ਹਨ।”

ਰਾਜ ਖਹਿਰਾ ਨੇ Pink Ladoo Project ਦੀ ਸਥਾਪਨਾ ਕੀਤੀ, ਜਿਵੇਂ ਕਿ ਕੁੜੀ ਦੇ ਜਨਮ ਦਾ ਜਸ਼ਨ ਮਨਾਉਣ ਦਾ ਤਰੀਕਾ।

“ਇਹ ਵਿਚਾਰ ਪਹਿਲਾਂ ਮੇਰੇ ਕੋਲ ਆਇਆ ਜਦੋਂ ਮੈਂ ਆਪਣੇ ਭਰਾ ਦੇ ਜਨਮ ਲਈ Ladoo ਦੇ ਡੱਬਿਆਂ ਨੂੰ ਪੈਕ ਕਰਦੇ ਹੋਏ, ਜਦੋਂ ਮੈਂ ਬਾਰਾਂ ਸਾਲਾਂ ਦੀ ਸੀ। ਇਹ ਵਿਚਾਰ ਦੂਰ ਹੋ ਗਿਆ ਹੈ ਅਤੇ ਮੇਰੇ ਮੱਧ ਤੋਂ ਲੈ ਕੇ 20 ਵੇਂ ਦਹਾਕੇ ਤਕ ਮੇਰੇ ਕੋਲ ਨਹੀਂ ਆਇਆ। ਮੈਂ ਇੱਕ ਵਕੀਲ ਦੇ ਰੂਪ ਵਿੱਚ ਕੰਮ ਰਹੀ ਸੀ ਅਤੇ ਬਹੁਤ ਸਾਰੇ ਵਿਭਿੰਨਤਾ ਅਤੇ ਔਰਤਾਂ ਦੇ ਸ਼ਾਮਲਕਰਨ ਮੁਹਿੰਮਾਂ ਨੂੰ ਵੇਖਿਆ। ਇਸ

ਲਈ ਮੈਂ ਸੋਚਿਆ ਕਿ ਦੱਖਣੀ ਏਸ਼ੀਆਈ ਭਾਈਚਾਰਾ ਵਿਭਿੰਨਤਾ ਨੂੰ ਸੁਧਾਰਨ ਲਈ ਕੀ ਕਰ ਰਿਹਾ ਹੈ? “ਕਹੀਰਾ ਦਾ ਕਹਿਣਾ ਹੈ।

ਇੱਕ ਨਵੇਂ ਪ੍ਰੋਜੈਕਟ ਦੀ ਸ਼ੁਰੂਆਤ ਨਾਲ ਹਮੇਸ਼ਾ ਕੁਝ ਚੁਣੌਤੀਆਂ ਹੁੰਦੀਆਂ ਹਨ ਅਤੇ ਕੁਝ ਲੋਕ ਸੋਚਦੇ ਹਨ ਕਿ ਇਸ ਵਿੱਚ ਕੋਈ ਬਿੰਦੂ ਨਹੀਂ ਹੈ।

“ਇਹ ਇੱਕ ਸੋਸ਼ਲ ਮੀਡੀਆ ਮੁਹਿੰਮ ਹੈ ਤਾਂ ਕਿ ਲੋਕ ਨਾਲ ਮੇਰਾ ਸੰਪਰਕ ਅਸਲ ਵਿਚ ਸੋਸ਼ਲ ਮੀਡੀਆ ਦੇ ਦੁਆਲੇ ਘੁੰਮ ਰਿਹਾ ਹੋਵੇ। ਮੇਰੇ ਕੋਲ ਇੱਕ ਚਰਚਾ ਵਿਚ ਇੱਕ ਬਜ਼ੁਰਗ ਔਰਤ ਹੈ ਜੋ ਮੈਂ ਦੱਸ ਰਹੀ ਸੀ ਕਿ ਉਸ ਦਾ ਪਰਿਵਾਰ ਲੜਕੀਆਂ ਦਾ ਜਸ਼ਨ ਮਨਾਉਂਦਾ ਹੈ ਤਾਂ ਕਿ ਇਹ ਮੁਹਿੰਮ ਬੇਬਾਹ ਸੀ। ਇਸ ਲਈ ਮੈਂ ਜਵਾਬ ਦਿੱਤਾ, ‘ਕਿਉਂਕਿ ਤੁਹਾਡਾ ਪਰਿਵਾਰ ਲੜਕੀਆਂ ਦਾ ਜਸ਼ਨ ਮਨਾਉਂਦਾ ਹੈ, ਇਸਦਾ ਮਤਲਬ ਇਹ ਨਹੀਂ ਕਿ ਹਰ ਕੋਈ ਕਰਦਾ ਹੈ। ਜੇ ਇੱਕ ਅਜਿਹਾ ਪਰਿਵਾਰ ਵੀ ਹੈ ਜੋ ਕਿਸੇ ਕੁੜੀ ਦੇ ਜਨਮ ਦਾ ਜਸ਼ਨ ਨਹੀਂ ਮਨਾਉਂਦਾ ਤਾਂ ਮੇਰੇ ਲਈ ਇਹ ਜਾਣਨਾ ਕਾਫੀ ਹੈ ਕਿ ਮੁਹਿੰਮ ਦਾ ਉਦੇਸ਼ ਅਤੇ ਅਰਥ ਹੈ।”

ਇਹ ਮੁਹਿੰਮ ਸ਼ੁਰੂਆਤ ਤੋਂ ਬਹੁਤ ਦੂਰ ਆਈ ਹੈ ਅਤੇ ਅਜੇ ਵੀ ਕੁਝ ਹੋਰ ਜਾਣ ਦੀ ਹੈ।

“ਸਾਨੂੰ ਵੱਖ-ਵੱਖ ਦੇਸ਼ਾਂ ਵਿਚ 40,000 ਅਨੁਸੂਚਿਤ ਮਿਲੇ। ਸਾਡੀ ਬਹੁਗਿਣਤੀ ਕੈਨੇਡਾ, ਸੰਯੁਕਤ ਰਾਜ ਅਤੇ ਯੂਨਾਈਟਿਡ ਕਿੰਗਡਮ ਵਿਚ ਹੈ। ਸਾਡੇ ਕੋਲ ਵਿਆਪਕ ਪ੍ਰੈਸ ਕਵਰ ਹੈ ਅਤੇ ਅਸੀਂ ਦੁਨੀਆ ਦੇ ਸਭ ਤੋਂ ਜ਼ਿਆਦਾ ਪ੍ਰਸਾਰਿਤ ਨਿਊਜ਼ ਆਊਟਲਾਂ ਦੁਆਰਾ ਪ੍ਰਦਰਸ਼ਿਤ ਕੀਤੇ ਗਏ

ਹਾਂ। ਪਰ ਅਜੇ ਵੀ 40,000 ਲੋਕ ਦੱਖਣੀ ਏਸ਼ੀਅਨ ਦੇ ਵਿਸ਼ਵ ਭਾਈਚਾਰੇ ਵਿੱਚੋਂ ਬਹੁਤ ਜ਼ਿਆਦਾ ਨਹੀਂ ਹਨ। ਇੱਕ ਪਾਸੇ ਮੈਂ ਮਹਿਸੂਸ ਕਰਦੀ ਹਾਂ ਕਿ ਮੁਹਿੰਮ ਬਹੁਤ ਦੂਰ ਆਈ ਹੈ, ਪਰ ਦੂਜੇ ਪਾਸੇ ਮੈਂ ਮਹਿਸੂਸ ਕਰਦੀ ਹਾਂ ਕਿ ਅਜੇ ਵੀ ਬਹੁਤ ਸਾਰਾ ਕੰਮ ਕਰਨ ਦੀ ਜ਼ਰੂਰਤ ਹੈ, “ਖਹਿਰਾ ਨੇ ਕਿਹਾ।

ਖਹਿਰਾ ਨੂੰ ਗਦਾ ਹੈ ਕਿ ਉਸ ਦੀ ਮੁਹਿੰਮ ਨਾਲ ਅਜੇ ਵੀ ਕੁਝ ਕੰਮ ਕਰਨ ਦੀ ਜ਼ਰੂਰਤ ਹੈ, ਫਿਰ ਵੀ ਲੋਕਾਂ ਦੇ ਦਿਮਾਗ ਨਾਲ ਕੁਝ ਕੰਮ ਕਰਨ ਦੀ ਜ਼ਰੂਰਤ ਹੈ। ਇਹ ਹੁਣ ਇਸ ਪੀੜ੍ਹੀ

ਤੱਕ ਹੈ ਕਿ ਇਸ ਪਰੰਪਰਾ ਨੂੰ ਤੋੜਨ ਅਤੇ ਲੜਕੀਆਂ ਦੇ ਜਨਮ ਦਾ ਜਸ਼ਨ ਸ਼ੁਰੂ ਕਰਨ ਅਤੇ ਹਰੇਕ ਲਿੰਗ ਦੇ ਬਰਾਬਰ ਦੀ ਸੋਚਣਾ ਸ਼ੁਰੂ ਕਰੇ। ਆਉ ਅਸੀਂ ਲਿੰਗ ਦੀਆਂ ਭੂਮਿਕਾਵਾਂ ਨੂੰ ਭੁੱਲ ਜਾਈਏ ਅਤੇ ਮਿਲ ਕੇ ਕੰਮ ਕਰਨਾ ਸ਼ੁਰੂ ਕਰੀਏ, ਕਿਉਂਕਿ ਅੰਤ ਵਿੱਚ ਇਹ ਜੀਵਨ ਨੂੰ ਪੂਰੀ ਤਰ੍ਹਾਂ ਆਸਾਨ ਬਣਾ ਦੇਵੇਗਾ।



ਇੱਕ ਕੁੜੀ ਲਈ ਲੋਹੜੀ ਦਾ ਜਸ਼ਨ (Photo courtesy of Gursharn Kaur)  
Lohri celebration for a girl.

## Signal Downtown Distribution Locations and Discounts

- 1 - Main Street Footers**  
Buy 1 Footer hotdog, 2 sides, and 2 medium drinks, get second Footer hotdog free on Student+ app
- 2 - Lipstick & Grit**  
\$50 - 40 minute teeth whitening session
- 3 - Crust & Crumb**  
10% off on Student+ app
- 4 - La Mo Cafe**  
10% on Student+ app
- 5 - Glitz Fine Clothing**  
10% off on Student+ app
- 6 - Farm House**  
15% off on all Blingsing women's protection tools on Student+ app
- 7 - Main Street Tattoo**
- 8 - Emporium**  
15% off. Book a workshop for 4 people and get fifth free on Student+ app
- 9 - Studio 2307**
- 10 - Vintage Market**
- 11 - Main Street Antiques**
- 12 - Cafe Rome**  
20% off on Student+ app
- 13 - Hauck's Grill**  
10% off - They also have a loyalty program on the Student+ app.  
30 points = Free appetizer  
55 points = Free Hauck's Burger
- 14 - Memo's Cocina & Tequila Bar**  
10% off on Student+ app
- 15 - Lisa's Cookie Jar**
- 16 - Bella Forte**  
30% off original priced item on Student+ app

